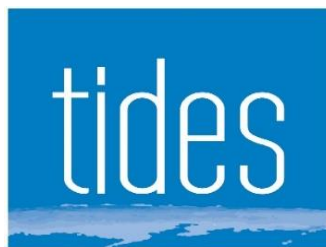


May Restaurant Menu



Starters

Soup of the day (gfo) £6.50

Served with farmhouse bread and butter

Vegetable Spring Rolls (v) £6.50

Crispy vegetable spring rolls, with salad garnish and sweet chilli dip

Classic Prawn Cocktail (gfo/dfo) £6.95

Prawns in seafood sauce, served on salad garnish and with bread and butter

Breaded Whitebait (df) £6.50

With salad garnish and lemon & dill mayonnaise

Chicken Satay (gf/dfo) £6.95

Warm chicken satay (on skewers), served with peanut sauce and salad garnish

Stuffed Mushroom (vgo/dfo/gfo) £6.50

Mushroom stuffed with whipped goats cheese and sun blushed tomatoes, topped with a parmesan crumb and balsamic glaze, served with salad garnish

Main Courses

Fish & Chips (df/gfo) £15.50

Fresh haddock fillet, hand battered in light & crispy gluten free batter, served with chunky chips and garden peas*

Calves Liver and Bacon (gfo/dfo) £16.95

Pan fried tender calves liver and smoked bacon, served on grain mustard mashed potato with onion gravy and fresh vegetables

Seabass Fillet (gfo/dfo) £15.95

Seabass fillet topped with a lemon and parmesan crust, served with saute potatoes and ratatouille

Ham, Egg & Chips (gf/df) £14.95

Slices of honey roasted ham, with two fried free range eggs, chunky chips and salad garnish

Vegetable Curry (gf/vg) £13.95

Homemade mild Thai green vegetable curry, served with herby rice. Hotter on request

Italian Chicken (gf/dfp) £15.95

Chicken breast topped with parma ham and mozzarella, served on sun blushed tomato sauce with saute potatoes and Mediterranean vegetables

Smoked Haddock & Prawn Gratin (gfo) £15.95

Smoked haddock and prawns in cheese and leek sauce, topped with toasted breadcrumbs, served with new potatoes and vegetables

Gluten Free (g/f) Gluten Free Option (gfo) Dairy Free (df)

Tides Pie £15.95

Homemade chicken, bacon and asparagus shortcrust pastry pie, served with vegetables and your choice of potato

Goats Cheese Tart (vgo/dfo) £13.95

Puff pastry tart topped with Mediterranean vegetables, tomato pesto and goats cheese, served with new potatoes and salad

Scampi and Chips (df) £14.95

Wholetail pieces of breaded scampi, served with chips and salad garnish or peas

BBQ Ribs (gf/df) £15.95

A rack of BBQ babyback pork ribs, served with skinny fries and salad

Please see our specials board
for todays selection

Rarebits (Daytime Only)

Welsh Rarebit £7.95 Buck Rarebit £8.95

Mature cheddar cheese, mustard and Worcester sauce, melted onto toasted Farmhouse bread, served with salad garnish. Add a poached egg for Buck Rarebit

Ciabattas (Daytime Only)

Baked Italian bread, served with salad garnish

Bacon, Brie & Cranberry £8.50

**Sausages (Pork or Vegan), Fried Onions & Tomato Relish
£8.50 (Pork) £7.95 (Vegan)**

Goats Cheese and Mediterranean Vegetables £7.95

Sandwiches (Daytime Only)

White, granary or g/f bread, served with salad garnish

Cheese & Pickle £6.95

Ham, Salad & Mayonnaise £7.50

Prawns in Seafood Sauce £7.95

Smoked Salmon & Cream Cheese £7.95

We pride ourselves on preparing fresh food on the premises and are happy to accommodate your requests where possible.

For allergen and ingredient information, please ask for details.

***Some items are cooked using the same equipment (grill/fryer) as other products with different allergens. Please ask for advice**

D/F Option(dfo) Vegetarian(v) Vegan(vg) Vegan Option(vgo)