

## August Restaurant Menu



### Starters

**Soup of the day (gfo) £6.50**

*Served with farmhouse bread and butter*

**Vegetable Spring Rolls (v) £6.75**

*Crispy vegetable spring rolls, with salad garnish and sweet chilli dip*

**Tempura Prawns (gfo/df) £7.50**

*Fresh crevettes in light and crispy tempura batter, with salad garnish and plum sauce dip*

**Breaded Whitebait (df) £6.75**

*With salad garnish and lemon & dill mayonnaise*

**Chicken Satay (gf/dfo) £6.95**

*Warm chicken satay (on skewers), served with peanut sauce and salad garnish*

**Greek Salad (vgo/dfo/gf) £6.75**

*Dressed mixed leaf salad with cherry tomatoes, cucumber, red onion, kalamata olives and feta (or vegan feta) cheese*

### Main Courses

**Fish & Chips (df/gfo) £15.50**

*Fresh haddock fillet, hand battered in light & crispy gluten free batter\*, served with chunky chips and garden peas*

**Calves Liver and Bacon (gfo/dfo) £16.95**

*Pan fried tender calves liver and smoked bacon, served on grain mustard mashed potato with onion gravy and fresh vegetables*

**Ham, Egg & Chips (gf/df) £14.95**

*Slices of honey roasted ham, with two fried free range eggs, chunky chips and salad garnish*

**Seabass Fillet (dfo/gfo) £16.95**

*Pan fried Seabass fillet on lemon crushed potatoes with prawn, tarragon and white wine cream sauce and vegetables*

**Goats Cheese Salad (gf/vgo/dfo) £13.95**

*Mixed salad topped with warm goats cheese, Mediterranean vegetables and balsamic glaze*

**Lemon & Garlic Chicken (gf/dfp) £15.95**

*Tender skinless & boneless chicken thighs with lemon and garlic cream sauce, saute potatoes and vegetables*

**Seafood Platter (df) £16.95**

*Tempura prawns, calamari rings and cod goujons, with skinny fries, salad, sweet chilli & tartare dips*

**Gluten Free (g/f) Gluten Free Option (gfo) Dairy Free (df)**

**Tides Pie £15.95**

*Homemade chicken, bacon and sweetcorn shortcrust pastry pie, served with vegetables and your choice of potato*

**Mediterranean Tart (vg/df) £13.95**

*Maize pastry tart filled with Mediterranean vegetables, topped with a basil and pumpkin seed crumb, served with new potatoes and salad*

**Scampi and Chips (df) £14.95**

*Wholesale pieces of breaded scampi, served with chips and salad garnish or peas*

**Crab, Smoked Salmon & Prawn Salad (gf/df) £16.95**

*Devon crab meat, smoked salmon and prawns served on mixed salad with citrus dressing and seafood sauce*

Please see our specials board  
for today's selection

### Rarebits (Daytime Only)

**Welsh Rarebit £7.95 Buck Rarebit £8.95**

*Mature cheddar cheese, mustard and Worcester sauce, melted onto toasted Farmhouse bread, served with salad garnish. Add a poached egg for Buck Rarebit*

### Ciabattas (Daytime Only)

*Baked Italian bread, served with salad garnish*

**Bacon, Brie & Cranberry £8.50**

**Sausages (Pork or Vegan), Fried Onions & Tomato Relish  
£8.50 (Pork) £7.95 (Vegan)**

**Goats Cheese and Mediterranean Vegetables £7.95**

### Sandwiches (Daytime Only)

*White, granary or g/f bread, served with salad garnish*

**Cheese & Pickle £6.95**

**Ham, Salad & Mayonnaise £7.50**

**Prawns in Seafood Sauce £7.95**

**Smoked Salmon & Cream Cheese £7.95**

**We pride ourselves on preparing fresh food on the premises and are happy to accommodate your requests where possible.**

**For allergen and ingredient information, please ask for details.**

**\*Some items are cooked using the same equipment (grill/fryer) as other products with different allergens. Please ask for advice**

**D/F Option(dfo) Vegetarian(v) Vegan(vg) Vegan Option(vgo)**