

July Restaurant Menu

Starters



restaurant

Soup of the day (gfo) £6.50

Served with farmhouse bread and butter

Vegetable Spring Rolls (v) £6.50

Crispy vegetable spring rolls, with salad garnish and sweet chilli dip

Tempura Prawns (gfo/df) £7.50

Fresh crevettes in light and crispy tempura batter, with salad garnish and plum sauce dip

Breaded Whitebait (df) £6.50

With salad garnish and lemon & dill mayonnaise

Chicken Satay (gf/dfo) £6.95

Warm chicken satay (on skewers), served with peanut sauce and salad garnish

Stuffed Mushroom (vgo/dfo/gfo) £6.50

Mushroom stuffed with whipped goats cheese and sun blushed tomatoes, topped with a parmesan crumb and balsamic glaze, served with salad garnish

Main Courses

Fish & Chips (df/gfo) £15.50

Fresh haddock fillet, hand battered in light & crispy gluten free batter*, served with chunky chips and garden peas

Calves Liver and Bacon (gfo/dfo) £16.95

Pan fried tender calves liver and smoked bacon, served on grain mustard mashed potato with onion gravy and fresh vegetables

Ham, Egg & Chips (gf/df) £14.95

Slices of honey roasted ham, with two fried free range eggs, chunky chips and salad garnish

Seabass Fillet (dfo/gfo) £16.95

Pan fried Seabass fillet on lemon crushed potatoes with prawn, tarragon and white wine cream sauce, served with new potatoes and vegetables

Goats Cheese Salad (gf/vgo/dfo) £13.95

Mixed salad topped with warm goats cheese, Mediterranean vegetables and balsamic glaze

Lemon & Garlic Chicken (gf/dfp) £15.95

Tender skinless & boneless chicken thighs with lemon and garlic cream sauce, saute potatoes and vegetables

Seafood Platter (df) £15.95

Tempura prawns, calamari rings and cod goujons, with skinny fries, salad, sweet chilli & tartare dips

Gluten Free (g/f) Gluten Free Option (gfo) Dairy Free (df)

Tides Pie £15.95

Homemade chicken, ham and leek shortcrust pastry pie, served with vegetables and your choice of potato

Mediterranean Tart (vg/df) £13.95

Maize pastry tart filled with Mediterranean vegetables, topped with a basil and pumpkin seed crumb, served with new potatoes and salad

Scampi and Chips (df) £14.95

Wholesale pieces of breaded scampi, served with chips and salad garnish or peas

Crab, Smoked Salmon & Prawn Salad (gf/df) £16.95

Devon crab meat, smoked salmon and prawns served on mixed salad with citrus dressing and seafood sauce

Please see our specials board
for today's selection

Rarebits (Daytime Only)

Welsh Rarebit £7.95 Buck Rarebit £8.95

Mature cheddar cheese, mustard and Worcester sauce, melted onto toasted Farmhouse bread, served with salad garnish. Add a poached egg for Buck Rarebit

Ciabattas (Daytime Only)

Baked Italian bread, served with salad garnish

Bacon, Brie & Cranberry £8.50

Sausages (Pork or Vegan), Fried Onions & Tomato Relish
£8.50 (Pork) £7.95 (Vegan)

Goats Cheese and Mediterranean Vegetables £7.95

Sandwiches (Daytime Only)

White, granary or g/f bread, served with salad garnish

Cheese & Pickle £6.95

Ham, Salad & Mayonnaise £7.50

Prawns in Seafood Sauce £7.95

Smoked Salmon & Cream Cheese £7.95

We pride ourselves on preparing fresh food on the premises and are happy to accommodate your requests where possible.

For allergen and ingredient information, please ask for details.

*Some items are cooked using the same equipment (grill/fryer) as other products with different allergens. Please ask for advice

D/F Option(dfo) Vegetarian(v) Vegan(vg) Vegan Option(vgo)