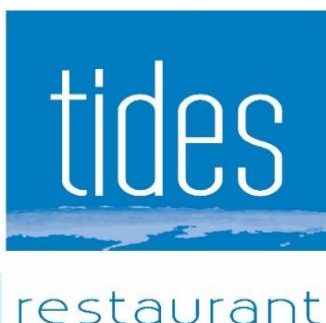


October Restaurant Menu



Starters

Soup of the day (gfo) £6.50

Served with farmhouse bread and butter

Vegetable Spring Rolls (v) £6.95

Crispy vegetable spring rolls, with salad garnish and sweet chilli dip

Classic Prawn Cocktail (gfo/dfo) £7.50

Prawns in seafood sauce, served on salad garnish and with bread and butter

Breaded Whitebait (df) £6.95

With salad garnish and lemon & dill mayonnaise

Chicken Satay (gf/dfo) £6.95

Warm chicken satay (on skewers), served with peanut sauce and salad garnish

Mushroom Gratin (vgo/gfo/dfo) £6.95

Mushrooms simmered with bacon, stilton, wine, garlic and butter, topped with breadcrumbs, served with bread and butter

Main Courses

Fish & Chips (df/gfo) £16.95

Fresh haddock fillet, hand battered in light & crispy gluten free batter, served with chunky chips and garden peas*

Liver and Bacon (gfo/dfo) £17.95

Pan fried lambs liver and smoked bacon, served on grain mustard mashed potato with onion gravy and fresh vegetables

Mediterranean Vegetable Tart (vg/df) £14.95

Maize pastry tart filled with Mediterranean vegetables, topped with a pumpkin seed crumb, served with new potatoes and salad. Add goats cheese or feta £2

Ham, Egg & Chips (gf/df) £14.95

Slices of honey roasted ham, with two fried free range eggs, chunky chips and salad garnish

Tides Curry (gf/vgo) £16.95(ch) £14.95(v)

Mild homemade chicken or vegetable curry, served with basmati rice, a poppadum and mango chutney

Italian Seabass (gf/dfo) £18.95

Pan fried seabass fillet, topped with tomato pesto and parma ham, served on roasted rosemary potatoes and Mediterranean vegetables

Gluten Free (g/f) Gluten Free Option (gfo) Dairy Free (df)

Scampi and Chips (df) £16.95

Whole tail pieces of breaded scampi, served with chips and salad garnish or peas

Steak and Ale Pie £17.95

Homemade shortcrust pastry pie with tender steak, ale and gravy, served with vegetables and your choice of potato

Goats Cheese Wellington (v) £14.95

Puff pastry parcel filled with goats cheese, beetroot and caramelised onion, served with new potatoes, salad and tomato chutney dip

Seafood Gratin £18.95

Salmon, cod and smoked haddock in a wine and herb cream sauce, topped with breadcrumbs, served with new potatoes and vegetables

Please see our specials board
for today's selection

Rarebits (Daytime Only)

Welsh Rarebit £8.95 Buck Rarebit £9.95

Mature cheddar cheese, mustard and Worcester sauce, melted onto toasted Farmhouse bread, served with salad garnish. Add a poached egg for Buck Rarebit

Ciabattas (Daytime Only)

Baked Italian bread, served with salad garnish

Bacon, Brie & Cranberry £8.50

Sausages (Pork or Vegan), Fried Onions & Tomato Relish
£8.95 (Pork) £7.95 (Vegan)

Goats Cheese & Roasted Mediterranean Vegetables £7.95
Fish Finger, Salad, Tomato and Tartare Sauce £8.95

Sandwiches (Daytime Only)

White, granary or g/f bread, served with salad garnish

Cheese & Pickle £6.95

Ham, Salad & Mayonnaise £7.50

Prawns in Seafood Sauce £7.95

Smoked Salmon & Cream Cheese £7.95

We pride ourselves on preparing fresh food on the premises and are happy to accommodate your requests where possible.

For allergen and ingredient information, please ask for details.

*Some items are cooked using the same equipment (grill/fryer) as other products with different allergens. Please ask for advice

D/F Option(dfo) Vegetarian(v) Vegan(vg) Vegan Option(vgo)