

April Restaurant Menu



Starters

Soup of the day (gfo) £6.95

Served with farmhouse bread and butter

Vegetable Spring Rolls (vg) £7.95

Crispy vegetable spring rolls, with salad garnish and sweet chilli dip

Classic Prawn Cocktail (gfo/dfo) £8.50

Prawns in seafood sauce, served on salad garnish and with bread and butter

Salt `n` Pepper Squid (df) £7.95

Battered squid chunks with salad garnish and lemon & garlic mayonnaise

Chicken Satay (gf/dfo) £7.95

Warm chicken satay (on skewers), served with peanut sauce and salad garnish

Arancini (v) £6.95

Breaded risotto rice balls stuffed with mozzarella and basil, served with tomato and herb sauce

Main Courses

Fish & Chips (df/gfo) £17.95

Fresh haddock fillet, hand battered in light & crispy gluten free batter, served with chips and garden peas*

Liver and Bacon (gfo/dfo) £17.95

Pan fried lambs liver and smoked bacon, served on grain mustard mashed potato with onion gravy and fresh vegetables

Mediterranean Vegetable Tart (vgo/dfo) £15.95

Maize pastry tart filled with Mediterranean vegetables, topped with a pumpkin seed crumb, served with new potatoes and salad. Add Goats cheese or vegan feta for £2

Ham, Egg & Chips (gf/df) £15.95

Slices of honey roasted ham, with two fried free range eggs, chips and salad garnish

Spring Salmon (gf/dfo) £18.95

Salmon fillet with a light lemon and dill sauce, hassleback potatoes and spring greens

Tides Pie £17.95

Homemade shortcrust pastry pie with chicken, mushrooms and tarragon, served with vegetables and your choice of potato

Scampi and Chips (df) £16.95

Wholetail pieces of breaded scampi, served with chips and salad garnish or peas

Goats Cheese Wellington (v) £15.95

Puff pastry parcel filled with goats cheese, beetroot and caramelised onion, served with new potatoes, salad and tomato chutney dip

Tides Sweet & Sour (df/vgo) £17.95(p) £16.95(v)

Pork or Vegetable sweet and sour, served with egg fried rice or plain rice and prawn crackers

Tides Fishcakes £18.95

Breaded smoked haddock, salmon, leek and cheddar fishcakes, served with chips, salad and tartare sauce

Please see our specials board
for todays selection

Rarebits (Daytime Only)

Welsh Rarebit £8.95 Buck Rarebit £9.95

Mature cheddar cheese, mustard and Worcester sauce, melted onto toasted Farmhouse bread, served with salad garnish. Add a poached egg for Buck Rarebit

Ciabattas (Daytime Only)

Baked Italian bread, served with salad garnish

Bacon, Brie & Cranberry £8.95

**Sausages (Pork or Vegan), Fried Onions & Tomato Relish
£9.50 (Pork) £8.50 (Vegan)**

Goats Cheese & Roasted Mediterranean Vegetables £8.50

Sandwiches (Daytime Only)

White, granary or g/f bread, served with salad garnish

Cheese & Pickle £6.95

Ham, Salad & Mayonnaise £7.95

Prawns in Seafood Sauce £8.50

Smoked Salmon & Cream Cheese £8.50

We pride ourselves on preparing fresh food on the premises and are happy to accommodate your requests where possible.

**For allergen and ingredient information, please ask for details.
*Some items are cooked using the same equipment (grill/fryer) as other products with different allergens. Please ask for advice**

Gluten Free (g/f) Gluten Free Option (gfo) Dairy Free (df)

D/F Option(dfo) Vegetarian(v) Vegan(vg) Vegan Option(vgo)